



# Core Values Workshop

***“Inner guidance for outer success”***

pre-workshop instructions

# Instructions



01

Select **no more than 30 words** from the separate list.  
Note them down, or mark them in the PDF viewer of your choice.



02

Enter the selected 30 words into the boxes the core-values.pptx file.



# Instructions



01

Select **no more than 30 values** from the list.  
Note them down or mark them in the PDF viewer of your choice.

From the list of core values in the PDF, select no more than 30 values **that speak to you**.

Some words will **naturally feel good** and you have a **positive reaction** to them. These are the ones you want to select.

Try and go through this list **relatively quickly**. Refrain from trying to intellectually understand why a particular word resonates with you. We are trying to tap into your “gut-feeling” here. In the workshop, we then work through it so that it makes sense to you on an mental level as well.



# Instructions



02

Enter the selected 30 words into the .pptx file named “core-values.pptx”.

In the .pptx, you will find a set of 30 blue boxes for all the words you have selected in step 01.

When you are done, you should have **one word per blue box**.

Make sure to have the .pptx ready for the workshop as we will be working with and expanding on it.

